



Our Mission is to provide decent, safe and sanitary housing for low-income families.




Both Fayette & Highland Waiting Lists Are CLOSED

If you follow the national news, you have noticed that the government has made several changes in it's governing of the United States along with funding cuts to government agencies. This includes HUD (U.S. Department of Housing and Urban Development) which locally in Fayette and Highland counties funds the rental assistance and mortgage assistance programs for the Fayette Highland Metropolitan Housing Authority. The good news is that the government is still providing funding for the current families in the program to allow the Housing Authority to assist them in paying their rent or mortgage payments. The bad news is that since September 2025, the government has stopped funding to enable the Housing Authority to bring on any new clients to the program. This has caused the Housing Authority, with no other choice, but to CLOSE the WAITING LISTS for both Fayette and Highland counties.

The Housing Authority is expecting an update to be announced from HUD towards the end of March to early April of this year for the status of government funding. There is a chance that HUD may inform the Housing Authority that they will continue to freeze funding until further notice. On the other hand, HUD may also inform the Housing Authority that funding will be resumed. At that point, the Housing Authority will be able to pull applications of the families who are already on the waiting lists in order to proceed with their eligibility processing and make the decision to re-open the waiting lists for future applicants.



 Section 8 Waiting List
STATUS: **CLOSED**

Be prepared for your **Reexamination** to determine your continued eligibility in the rental assistance program

Fixed Income Biennial Reexaminations

If your household is on a Fixed Income, meaning your only source of income is Social Security or SSI benefits, the Housing Authority will conduct a **Fixed Income Biennial Reexamination** where you will be evaluated every 2 years to determine your continued eligibility in the rental assistance program. You will be mailed a packet 4 months prior to your recertification date in order to allow ample time to process your reexamination.

Upon receiving your packet:

- ◆ You must have All Adult Household Members (18 years old & older) Complete and Sign all the required forms that are included in your packet.
- ◆ If there are no changes to your Social Security and/or SSI Income - Please write No Change on the line in the middle of the page of the *Reporting Change Form*. (Example: I am reporting income change for this family member: No Change.)
- ◆ If there are changes to your income, please list the changes on the Reporting Change Form. Also submit documentation such as Social Security and/or SSI Award Letters, Pay Stubs, etc.
- ◆ If you are 62 years of age or older and/or Disabled you may qualify for Medical Expenses as a Deduction. Please provide written verifications for all medical expenses you would like to claim.
- ◆ If you are a Homeowner - Please submit your most Current Mortgage Statement.
- ◆ Most importantly - Please return all your documents to the Housing Authority by the specified date on the cover letter of your packet.

Full Annual Reexaminations

If your household has income besides or other than Social Security and/or SSI - the Housing Authority will conduct an Annual Reexamination where you will be evaluated every year to determine your continued eligibility in the rental assistance program. You will be mailed a packet 4 months prior to your recertification date in order to allow ample time to process your reexamination.

Upon receiving your packet:

- ◆ You must have All Adult Household Members (18 years old & older) Complete and Sign all the required forms that are included in your packet.
- ◆ Submit All Verification pertaining to you as listed on the cover letter of your packet which includes:
 - ◆ Current Mortgage Statement if you are a Homeowner
 - ◆ Current Utility Bills including Trash Removal Receipts or Bill
 - ◆ Current Income Verification (including current SS and/or SSI Award Letters, VA Benefits, income from employment - 6 Current Paystubs or Verification, Child Support Verification, TANF Verification (not including SNAP/Food Allowance), Self Employment, Unemployment Compensation, Retirement/Pension Income or Financial Contributions)
 - ◆ Current Asset Verification (including Bank Statements, Life Insurance Verification, etc.)
- ◆ If you are 62 years of age or older and/or Disabled you may qualify for Medical Expenses as a Deduction. Please provide written verifications for all medical expenses you would like to claim.
- ◆ Childcare Statement from your provider with your co-pay amount.
- ◆ Most importantly - Please return all your documents to the Housing Authority by the specified date on the cover letter of your packet.



Delicious Soup is a Warm Hug on a Cold, Winter Day!

Slow Cooker Chicken Pot Pie Soup



- ◆ 2 Pounds Boneless, Skinless Chicken Breasts (Cubed)
- ◆ 2 Cups Red Potatoes (Cubed)
- ◆ 16 Ounces Frozen Mixed Vegetables
- ◆ 2 1/2 Cups Water
- ◆ 3 Tablespoons Chicken Bouillon Paste
- ◆ 1 1/2 Cups Milk
- ◆ 3/4 Cup All-Purpose Flour
- ◆ 1/2 Teaspoon Garlic Powder
- ◆ 1/2 Teaspoon Onion Powder
- ◆ 1/2 Teaspoon Season Salt
- ◆ 1/4 Teaspoon Black Pepper

Lightly grease the container of a slow cooker. In a small bowl, whisk together milk, flour, garlic powder, onion powder, salt & pepper. Bring water to a boil in a sauce pan. Add chicken bouillon and whisk until dissolved. Add the milk/flour mixture to the chicken bouillon broth and whisk until smooth. Cook over medium heat, whisking often until it thickens (about 3 minutes) - then remove from heat. Add cubed chicken breasts, cubed potatoes and frozen vegetables to the prepared slow cooker. Pour sauce mixture into the slow cooker and stir everything to combine. Cover the slow cooker and cook on high for 3-4 hours or on low for 6 hours, stirring occasionally, until the chicken is cooked through and the potatoes are soft.



Soup Does a Body Good!

Slow Cooker Lasagna Soup



- ◆ 2 Teaspoons Olive Oil
- ◆ 1 Pound Ground Turkey or Lean Ground Beef
- ◆ 1 1/4 Teaspoon Season Salt
- ◆ 1/4 Teaspoon Black Pepper
- ◆ 1 Teaspoon Garlic Powder
- ◆ 1 Teaspoon Italian Seasoning
- ◆ 1 Quart Low Sodium Chicken or Beef Broth
- ◆ 24-Oz (3 Cups) Marinara Sauce
- ◆ 1 Tablespoon Tomato Paste
- ◆ 8-Oz (9 Noodles) Dry Lasagna Noodles
- ◆ 16-Oz (2 Cups) Ricotta Cheese
- ◆ 1/2 Cup Grated Parmesan Cheese
- ◆ 2 Cups Baby Spinach



In a large skillet, add olive oil and turkey or beef, breaking apart into small pieces. Sprinkle with 1/4 teaspoon salt, pepper, garlic powder and Italian seasoning. Cook until browned and cooked through about 5 minutes, draining excess grease. Transfer meat into a 6-quart slow cooker. Add 1 teaspoon salt, broth, marinara and tomato paste, stirring to combine. Cover and cook on high for 3-4 hours or on low for 4-5 hours. While the soup is cooking, mix together the ricotta and parmesan cheese. Cover and refrigerate. Once the soup reaches a strong simmer, turn to high (if it's not already), break the lasagna noodles into 4-5 pieces each and add to the slow cooker, stirring to combine. Cover and cook for an additional 20 minutes or until the noodles are cooked. Add half the ricotta mixture along with the spinach, stirring to combine. Serve with a dollop of the remaining ricotta mixture.

MASON JAR SNOWMAN

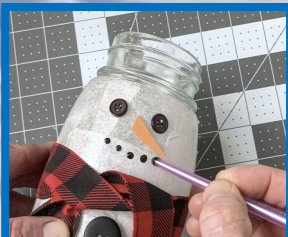
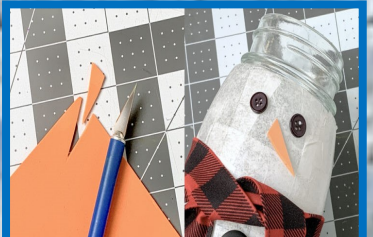
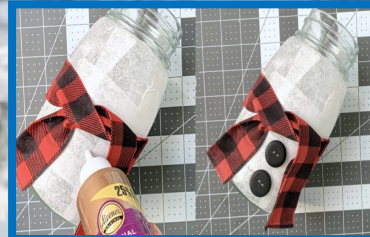
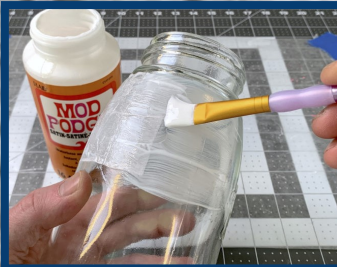


Put LED Tea Light to light it up or fill with Candy.

NEEDED:

- ◆ Scissors
- ◆ Craft Knife
- ◆ Mason Jar (s)
- ◆ White Tissue Paper
- ◆ Mod Podge Satin
- ◆ Black Acrylic Paint
- ◆ Black Felt or Craft Foam
- ◆ Orange Felt or Craft Foam
- ◆ Bandana or Fabric for Scarf
- ◆ 4 Black Buttons (2 Small & 2 Large)
- ◆ Craft Glue

Cut a piece of white tissue paper into squares using scissors. Working one section at a time, apply a layer of Mod Podge to the mason jar. Place the white tissue paper down and brush over the top to secure. Repeat this step until the entire jar is covered. Lightly smooth the tissue with your fingers and let dry. Apply a top coat of Mod Podge over the entire jar and let dry. Cut a 2"x21" piece of bandana or fabric. Fold this 2" piece in half and smooth with your fingers. Tack the scarf to itself to keep it folded with some craft glue. Let dry. Wrap the scarf around the snowman. Use the craft glue to tack the bottom pieces of the scarf to the jar, holding for a few seconds then let dry. Glue 2 large buttons under the scarf. Glue 2 small buttons for the eyes. Cut a nose from felt or craft foam & glue to jar. Use your paintbrush end and black paint to make dots for the mouth. Trace a circular object larger than the lid onto the black felt or craft foam & cut out. Place the brim you just created onto the mason jar and screw the lid on top to finish.



ICE ORNAMENTS

Ice is a beautiful aspect of winter that lends itself nicely to some gorgeous winter crafts. This is a Fun Project for children.



You'll Need:

- ◆ Muffin Tin
- ◆ Evergreen Clippings
- ◆ Small Pine Cones
- ◆ Orange Slices
- ◆ Dried Rose Petals
- ◆ Twine
- ◆ Water

1.) Fill your muffin tins with evergreen clippings, small pine cones, orange slices and dried rose petals.

2.) Tuck a piece of twine folded into a loop into each ornament - using the other items to hold it in place.

3.) Pour water on top, then place the filled muffin tin in the freezer.

4.) Once frozen, run hot water briefly along the bottom of the muffin tin to release the ornaments.

5.) Hang up your icy ornaments on tree branches or on a bush outside a window to admire them outside.



It's that time of the year and Old Man Winter has sure been ugly to Fayette & Highland counties. Digging out is crucial to surviving & moving forward. Please take care in following this friendly advice.



Heart-Safe Snow Shoveling

- Take frequent breaks to avoid stressing your heart.
- Don't eat a big meal before or soon after shoveling.
- Use a small shovel or a snow thrower.
- Learn heart attack warning signs and listen to your body.
- Do not drink alcohol before or after shoveling.
- Consult a doctor before if you have a medical condition.
- Be aware of the dangers of hypothermia.



SAFE SNOW SHOVELING

While snow shoveling is a great way to get in an old-fashioned work out (since it HAS to be done anyway), it also can cause a lot of health problems including heart attacks and back pain.

PRACTICE SAFE SNOW SHOVELING TECHNIQUE

Follow these conditioning and technique recommendations to minimize those risks:

WARM UP

Warm up before shoveling. Walk around the block or step in place, gently twist your torso from side to side and swing your arms in large circles.

PACE YOURSELF

Take 5- or 10-minute breaks so fatigued muscles can rest. This will help you maintain proper technique and avoid injury.

BREATHE EVENLY

Exhale when pushing or lifting snow and inhale between. Avoid holding your breath, which can cause changes in your blood pressure and increase stress on the heart.

ELBOWS NEAR SIDES

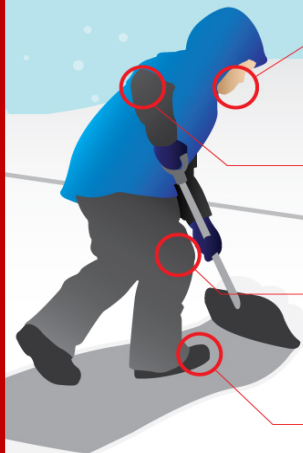
Elbows should be at or near your sides. It's best to push, rather than lift snow. Never throw snow over your shoulder. That action may injure your back.

KEEP KNEES BENT

Keep your knees bent. This makes shoveling more of a leg vs. arm exercise.

POINT YOUR TOES

Keep your toes pointed toward where you are moving. Avoid twisting at the waist.



If you develop dizziness or lightheadedness, sit down and rest immediately until symptoms resolve. Contact your provider if these symptoms are new to you.

If you experience chest pain, call 911.

Preventing Snow Shovel Injuries

Dos:

- Dress in layers
- Stay hydrated
- Pre-treat with salt or ice-melt before it starts snowing
- Shovel only fresh powdery snow
- Shovel a few times during and then after a major snowfall
- Push the snow rather than lift it
- Use an ergonomically-designed snow shovel

Don'ts:

- Shovel after eating a heavy meal
- Smoke cigarettes before, during and directly after shoveling
- Rush, instead take frequent, 15-minute breaks
- Lift the heavy snow shovel with your back
- Throw the snow over your shoulder
- Leave a snow blower running while unattended



Safety With Snowblowers

Toro gives you all you need to know for the upcoming snow season.

THINGS YOU NEED

SAFETY GEAR

Goggles, Earbuds



PROPER FOOTWEAR

Slip-Proof Boots



ADEQUATE WINTER OUTERWEAR

Layers, Gloves

NO: Scarf, Strings on Hood, etc.

Read the manual prior to use. Make sure everyone using the machine knows how to use it and understands the warnings.

Keep clear of discharge opening. Keep bystanders a safe distance from the machine.

Shut the machine off before servicing, fueling or unplugging.

Do not pull hands or feet near moving components on the machine.

Do not operate the machine without all guards and other safety devices in place and working.

Keep children out of the operating area and under the watchful care of a responsible adult other than you. Never allow children to operate the machine.

Know Where People & Pets Are. Operate Only in Good Visibility & Light. Turn Corners Slowly. Look Down & Behind When Backing Up. Run The Unit A Few Minutes To Prevent Machine From Freezing Up. No Smoking Near Machine.

REMINDERS

toro.com/snow





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Office Hours

Monday - Thursday 7:30 am - 3:00 pm

Closed for Lunch Everyday Noon - 1:00 pm

Friday the Office is Closed

Office Closed All Government Holidays

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